

FREEDOM PROGRAM 2009 (JUNE – AUGUST)

2009 暑期夏令營 六月至八月行程表

LOCAL PACKAGE

短中程計畫

Activities in the Utah and Salt Lake County Areas. "A" Weeks have activities specific to the dates, "B" Weeks are available whichever week throughout the summer. Possible supplemental activities with additional pricing may be added to any week.

所有活動將會在 Utah 及鹽湖城郡內活動。A 計畫將會是每日有特定的行程。B 計畫則是在整個暑期都可以安排加入的活動。行程活動在增加額外的費用後，可以額外增加。

June 1- 6

六月一日至六日

PLAN A: *The Great Outdoors (Natural Wonders of Utah) (~\$11.00 per day)*

A 計畫: 戶外活動(綠野尋蹤)

Monday 6/1/09: Stuart Falls Hike and Picnic in the Park

星期一 : 史都華瀑布登山及野餐活動



Tuesday 6/2/09: Fishing at Payson Lakes

星期二 : 培森湖釣魚



Wednesday 6/3/09: Kennecott Copper Mine

星期三 : 肯拿卡銅礦區 (世界上最大的銅礦區，從月球上可以看到的三大奇景之一)



Thursday 6/4/09: Timpanogos Cave

星期四 : 堤葩農哥斯洞 (鐘乳石洞穴)



Friday 6/5/09: River Rafting down the Provo River

星期五 : 普羅佛河泛舟



- Red Butte Gardens, Tracy Aviary, Sandy Aquarium
紅峰花園，崔溪農場，珊蒂水族館

PLAN B: Plaaaaay Ball... (Sports in Utah) (~\$21.00 per day)

B 計畫: 運動-球類(猶他州的球類運動)

Monday 6/1/09: 7- Peaks Water Park &/or Ice Skating

星期一 : 水上樂園與/或滑冰



Tuesday 6/2/09: Trafalga or Cascade Mini Golf and Batting Cages
星期二 : 迷你高爾夫球及棒球練習場



Wednesday 6/3/09: Hike to Stuart Falls/ Volleyball in the Park
星期三 : 登山/排球



Thursday 6/4/09: Park City Mountain Resort- Alpine Slides etc.
星期四 : 美國 2000 年冬季奧運-公園市 度假別墅-滑撬



Friday 6/5/09: CLAS Ropes Course
星期五: 結繩課程



Saturday 6/6/09: Real Salt Lake Soccer Game
星期六 足球賽



June 8 – 12

六月八日至十二日

PLAN A: *The Old West (A look into the Wild West) (~15.00 per day)*

A 計畫: 西部牛仔活動週

Monday 6/8/09: Lagoon (Frontier Park)

星期一 Lagoon 水上樂園/西部先驅者紀念公園



Tuesday 6/09/09: John Hutchings Museum/ BYU museum of peoples and cultures
星期二 : 約翰和金斯博物館/楊百翰大學人文博物館



Wednesday 6/10/09: Horseback Riding at Sundance, Shopping
星期三 : 聖德西市(美國明星最喜歡的度假城市之一)騎馬/逛街



Thursday 6/11/09: Days of the Old West Rodeo
星期四 馬術競賽會



Friday 6/12/09: Frontier Fest
星期五 西部慶祝活動



June 15 – 20

六月十五號至二十號

PLAN A: Plaaaaay Ball... (Sports in Utah) (~13.00 per day)

Monday 6/15/09: 7- Peaks Water Park/ Ice Skating
星期一 水上樂園與/或滑冰



Tuesday 6/16/09: OWLZ Baseball @ 7:05
星期二 現場籃球賽



Wednesday 6/17/09: Real Salt Lake Soccer Game @ 7:00 p.m.
星期三 : 足球賽



Thursday 6/18/09: Hike to Stuart Falls/ Volleyball in the Park
星期四 : 登山/排球



Friday 6/19/09: CLAS Ropes Course
星期五: 結繩課程



Saturday 6/20/09: Strawberry Days Rodeo

星期六: 草莓日 馬術競賽會



PLAN B: Arts and Religion... (Arts and Religion in Utah)

B 計畫: 美術及宗教

Monday 6/15/09: Cathedral of the Madeline, Temple Square, Utah Arts Museum
星期一 : 天主教堂, 美國摩門聖殿, 猶他州美術博物館



Tuesday 6/16/09: Gina Bachauer Young Pianists World Competition/ Shopping
星期二: 青少年世界美術比賽觀摩/逛街



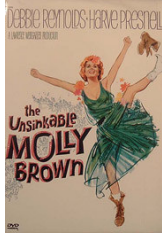
Wednesday 6/17/09: Springville Art Museum, Hari Krishna Temple (SF)
星期三 : 春城市美術博物館, 寺廟參觀



Thursday 6/20/09: University of Utah Natural History Museum
星期四 : 猶他大學自然歷史博物館



Friday 6/21/09: Center Street Theater: The Unsinkable Molly Brown (open night)
星期五 : 市中心劇院: 觀賞 Unsinkable Molly Brown 劇



*Also museums at UVSC, BYU and UofU.

同時猶他谷州立大學，楊百翰大學和猶他大學內之博物館

\$ Factor in Additional Prices for Hotel and Food Thursday-Friday

June 22 - 26

PLAN A: Arts and Religion... (Arts and Religion in Utah)

A 計畫：美術及宗教

Monday 6/22/09: Cathedral of the Madeline, Temple Square, Utah Arts Museum

星期一：天主教堂，美國摩門聖殿，猶他州美術博物館



Tuesday 6/23/09: Utah Arts Festival (last day)

星期二：猶他藝術節



Wednesday 6/24/09: Springville Art Museum, Hari Krishna Temple (SF)

星期三：春城市美術博物館，寺廟參觀



Thursday 6/25/09: University of Utah Natural History Museum

星期四：猶他大學自然歷史博物館



Friday 6/26/09: Provo Center Street Theater: The Unsinkable Molly Brown
星期五 : 市中心劇院: 觀賞 Unsinkable Molly Brown 劇



*Gina Bachauer Young Artists World Music Comp. Runs all week
**Also museums at UVSC, BYU

PLAN B: *The Old West (A look into the Wild West)*

B 計畫: 西部牛仔活動週

Monday 6/22/09: John Hutchings Museum/ BYU museum of peoples and cultures
Tuesday 6/23/09: Heber Creeper
Wednesday 6/24/09: Park City Silver Mine/Shopping/ Alpine Slide
Thursday 6/25/09: Horseback Riding
Friday 6/26/09: Lehi Rodeo (26-28)

June 29 – July 3

六月二十九日至七月三日

PLAN A: *The Birth of a Nation (4th of July Celebrations)*

A 計畫: 一個國家的誕生(七月四日美國國慶日慶祝)

Monday 6/29/09: Stuart Falls, Bridal Veils
星期一 : 史都華瀑布登山及野餐活動



Tuesday 6/30/09: Kennecott Mine/ Shopping
星期二 : 肯拿卡銅礦區(世界上最大的銅礦區, 從月球上可以看到的三大奇景之一)/購物



Wednesday 7/1/09: 7 Peaks or Lagoon or Fun Dome or Boondocks
星期三: 水上樂園



Thursday 7/2/09: Real Salt Lake Game @ 8:00 Freedom Days Shopping- Provo
星期四: 鹽湖城球賽/購物



Friday 7/3/09: Hot air Balloons, Parade, Stadium of Fire or Freedom Blast
星期五: 熱氣球、遊行、看煙火等國慶日活動



*Hill aerospace museum, Cathedral of the Madeline, Temple Square, Clark Planetarium
** Family Style Barbeque (with their host families or just us...)

July 7- 11

七月七日至十一日

PLAN A: *Arts and Religion... (Arts and Religion in Utah)*

Monday 7/6/09: Cathedral of the Madeline, Temple Square, Utah Arts Museum
星期一: 天主教堂，美國摩門聖殿，猶他州美術博物館



Tuesday 7/7/09: Springville Art Museum, Hari Krishna Temple (SF)

星期二 : 春城市美術博物館，寺廟參觀



Wednesday 7/8/09: Park City/ SLC Int'l Music Festival (Runs 7/9 – 7/23)

星期三 : 公園市/鹽湖城國際音樂節慶祝活動



Thursday 7/09/09: University of Utah Natural History Museum

星期四 : 猶他大學自然歷史博物館



Friday 7/10/09: Provo Center Street Theater: The Unsinkable Molly Brown

星期五 : 市中心劇院: 觀賞 Unsinkable Molly Brown 劇



*Also museums at UVSC, BYU

**Factor in Additional Prices for Hotel and Food Thursday and Friday

PLAN B: Plaaaaay Ball... (Sports in Utah)

Monday 7/6/09: 7- Peaks Water Park/ Ice Skating

Tuesday 7/7/09: Trafalga/Cascade/Boondocks Mini Golf and Batting Cages

Wednesday 7/8/09: Hike to Stuart Falls/ OWLZ Baseball @ 7:05

Thursday 7/9/09: Utah Fun Dome

Friday 7/10/09: CLAS Ropes Course

Saturday 7/11/09: Real Salt Lake Game @7:00

July 14-18

PLAN A: "The Great Outdoors"

A 計畫: 戶外活動(綠野尋蹤)

Monday 7/13/09: Stuart Falls Hike, Picnic, Sundance, Bridal Veil

星期一 : 史都華瀑布登山及野餐活動



Tuesday 7/14/09: River Rafting down the Provo River

星期二 : 普羅佛河泛舟



Wednesday 7/15/09: Boating/ Waterskiing at Utah Lake

星期三 : 猶他湖滑水/遊艇等水上活動



Thursday 7/16/09: Timpanogos Cave

星期四 : 堤葩儂哥斯洞(鐘乳石洞穴)



Friday 7/17/09: Camping at Rob's Grandpa's Farm

星期五 : 農場露營



PLAN B: Plaaaaaaay ... Ball

Monday 7/13/09: OWLZ Baseball Game at 7:05
Tuesday 7/14/09: Alpine Slide
Wednesday 7/15/09: CLAS Ropes Course- Rock Climbing etc.
Thursday 7/16/09: Stuart Falls Hike and Volleyball in Park
Friday 7/17/09: Boating and Waterskiing

July 20-24

七月二十日至二十四日

PLAN A: "This is the Place" (Welcome to Utah)

A 計畫: 歡迎到猶他州

Monday 7/20/09: Utah County Fair (Last Day)

星期一 : 猶他縣園遊會



Tuesday 7/21/09: Temple Square, This is the Place St. Park, Ensign Peak

星期二 : 鹽湖城摩門教堂，州立公園及錫安公園參觀



Wednesday 7/22/09: Spanish Fork Fiesta Days (runs thru 24th)

星期三 : 西班牙堡市慶祝會



Thursday 7/23/09: Days of '47 Parade and Native American Celebration in SLC

星期四 : 鹽湖城印地安人遊行及慶祝會



Friday 7/24/09: OWLZ baseball game @ 7:05
星期五 : OWLZ 棒球賽



*Ogden Pioneer Days (July 19-20, 22-23)

PLAN B: "The Great Outdoors"

B 計畫: 有趣的戶外活動

Monday 7/20/09: Stuart Falls Hike, Picnic, Sundance, Bridal Veil

Tuesday 7/21/09: River Rafting down the Provo River

Wednesday 7/22/09: Boating/ Waterskiing at Utah Lake

Thursday 7/23/09: Camping at Rob's Grandpa's Farm

Friday 7/24/09: Morning Activities on the Farm and Return Home

*Fly Fishing on the Provo River

July 27-July 31

七月二十七日至三十一日

PLAN A: Religion and The Arts

A 計畫: 宗教及藝術

Monday 7/27/09: Temple Square, Cathedral of the Madeleine, Utah Arts Museum

星期一 : 天主教堂, 美國摩門聖殿, 猶他州美術博物館



Tuesday: 7/28/09: Springville Art Museum, Hari Krishna Temple

星期二 : 春城市美術博物館, 寺廟參觀



Wednesday 7/29/09: U of U Natural History Museum

星期三 : 猶他大學自然歷史博物館



Thursday 7/30/09: Hellfire in Wendover- Rocket Launching show (all-day)
星期四: 火箭發射表演



Friday 7/31/09: The Snowbird Rock and Blues Festival (can carry over till Sat.)
星期五 : 雪鳥龐克及藍調音樂會



PLAN B: "The Great Outdoors"

Monday 7/27/09: Stuart Falls Hike, Picnic, Sundance, Bridal Veil

Tuesday 7/28/09: River Rafting down the Provo River

Wednesday 7/29/09: Boating/ Waterskiing at Utah Lake

Thursday 7/30/09: Timpanogos Cave

Friday 7/31/09: The Crater- Midway, Utah SCUBADIVING

August 3-7

八月三日至七日

PLAN A: Plaaaaaaay ... Ball

Monday 8/3/09: CLAS Ropes Course

星期一 : 結繩課程



Tuesday 8/4/09: Park City Mountain Resort- slide, maze, launch etc.

星期二 : 公園市度假村體驗



Wednesday 8/5/09: Stuart Falls Hike and Volleyball in Park

星期三 : 登山/排球



Thursday 8/6/09: OWLZ baseball game at 7:05

星期四 : OWLZ 棒球賽



Friday 8/7/09: 7-peaks water park or ice skating

星期五 : 水上樂園或滑冰



PLAN B: *The Arts*

Monday 8/4/08: Temple Square, Cathedral of the Madeleine, Utah Arts Museum

Tuesday 8/5/08: Springville Art Museum, Hari Krishna Temple

Wednesday 8/6/08: U of U Natural History Museum

Thursday 8/7/08: Utah Belly Dancing Festival- Park City Utah

Friday 8/8/08: Provo Center Street Theater: Les Miserables

August 10-14

八月十號至十四號

PLAN A: “*The Great Outdoors*”

A 計畫: “*有趣的戶外活動*”

Monday 8/10/09: Stuart Falls Hike, Picnic, Sundance, Bridal Veil
星期一 : 登山/野餐活動



Tuesday 8/11/09: River Rafting down the Provo River
星期二 : 普柔佛河上泛舟



Wednesday 8/12/09: Boating/ Waterskiing at Utah Lake
星期三 : 猶他湖遊艇/滑水活動



Thursday 8/13/09: Timpanogos Cave
星期四 : 堤葩儂哥斯洞 (鐘乳石洞穴)



Friday 8/14/09: Ogden Valley Balloon Festival (until the 17th)
星期五 : 阿戈登市熱氣球活動



PLAN B: *The Arts*

Monday 8/11/08: Temple Square, Cathedral of the Madeleine, Utah Arts Museum

Tuesday 8/12/08: Springville Art Museum, Hari Krishna Temple

Wednesday 8/13/08: U of U Natural History Museum

Thursday 8/14/08: Utah Belly Dancing Festival- Park City Utah

Friday 8/15/08: Hale Center Theater: The Hasty Heart

August 17-21

八月十七日至二十一日

PLAN A: "The Great Outdoors"

A 計畫：有趣的戶外活動

Monday 8/17/09: Stuart Falls Hike, Picnic, Sundance, Bridal Veil

星期一：登山/野餐活動



Tuesday 8/18/09: River Rafting down the Provo River

星期二：普柔佛河上泛舟



Wednesday 8/19/09: Boating/ Waterskiing at Utah Lake

星期三：猶他湖遊艇/滑水等水上活動



Thursday 8/20/09: Timpanogos Cave

星期四：堤葩儂哥斯洞 (鐘乳石洞穴)



Friday 8/22/08: The Crater- Midway, Utah SCUBADIVING
星期五 : 浮淺活動



PLAN B: *The Arts*

Monday 8/18/08: Temple Square, Cathedral of the Madeleine, Utah Arts Museum
Tuesday 8/19/08: Springville Art Museum, Hari Krishna Temple
Wednesday 8/20/08: U of U Natural History Museum
Thursday 8/21/08: Utah Belly Dancing Festival- Park City Utah
Friday 8/22/08: Provo Center Street Theater: Les Miserables

August 24-28

八月二十四日至二十八日

PLAN A: *The Arts*

Monday 8/24/09: Temple Square, Cathedral of the Madeleine, Utah Arts Museum
星期一 : 天主教堂，美國摩門聖殿，猶他州美術博物館



Tuesday 8/25/09: Springville Art Museum, Hari Krishna Temple
星期二 : 春城市美術博物館，寺廟參觀



Wednesday 8/26/09: U of U Natural History Museum
星期三 : 猶他大學自然歷史博物館



Thursday 8/27/09: Timpanogos Story-Telling Festival (28-30)
星期四 : 說故事慶祝會



Friday 8/28/09: Provo Center Street Theater: Les Miserables
星期五 : 劇院欣賞



SUPPLEMENTAL ACTIVITIES and Pricing: 其他額外活動及價格

Hot Air Balloon Ride- Heber or Park City, Utah. \$215 per person, possible group rates
熱氣球活動-猶他州喜柏市或公園市，每人 215 美元，可能可想團體優待

Hang Gliding- Hang Glide Utah- Draper, UT. Tandem Hang Glide Ride- 85.00 per person (no group rates)
滑翔翼-離柏市滑翔翼活動，每人 85 美元，無團體價

Ski-Diving- Sky Dive Utah -Tooele, Utah. Tandem Sky Dive 1 Person = \$175.00, Group of 2 or 3 = \$170.00 each, Group of 4 to 9 = \$160.00 each, Group of 10 or more = \$150.00 each
跳傘 一個人單價 175 美元，二至三人每人 170 美元，四至九人團每人 160 美元

Scuba Diving- The Crater- Midway, Utah (Minimum age=12 years old) no group rates
Weekdays = \$75 per person Weekends = \$100 per person

潛水 需十二歲以上 無團體價

星期一至五 每人七十五美元 週末 每人一百美元

Bungee Jumping- Bungee Expeditions out of Boise, Idaho. Groups of 10 or more can schedule any date at any bridge in the summertime. Cost- depending on bridge in Utah- \$75-\$250 per person.

高空彈跳 限十人以上團體 價格由 75 美元至 250 美元之間

充實暑假的最佳選擇~請找張顧問 veda.lin@msa.hinet.net

UR Edu and Info Co. Ltd. 詠瑞留學資訊公司

台北市復興南路一段137號4F-1

(捷運忠孝復興五號出口華南銀行樓上)

TEL: 02 2731 6060 FAX: 02 2731 4412

更多資訊請上詠瑞網站 www.urwinner.net